



IMPACT REPORT

April 2022- March 2025

*“enabling people
to achieve”*

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Lifetimes is the operating name of Lifetimes Charity, which is a company limited by guarantee. Registered in England number 3743191 / Registered charity number 1078984.

Introduction

It has been 3 years since Lifetimes and Chances charity amalgamated and decided to commence our new business operations as a 100% grant giving organisation. The strategic business plan for the two charities and trading arm for the period of 2018-2021 had been fully achieved and resulted in our total independence from the need to seek funding from third parties. After a history of over 175 years between Lifetimes Charity and Chances Charity (and its previous operating names), the sale of our trading arm realised additional reserves for the next phase of the charities operations.

The Trustees could now use our investment income and reserves for services they identified as **“being in need”** within our new area of benefit of London and the Home Counties.

Our model of working has been to forge partnerships with other charities and organisations whose work with their clients matches our identified areas of work.

We are currently in partnership with **14** charities in **8** different areas of work. Each charity has been specially chosen by Lifetimes Chances to match our desire and commitment ***to enable people to achieve.***

Each of these areas of work have individuals with limited funds; affecting their ability to either restart their lives or careers. We work to ease their situation by providing funds for equipment or services.



AREAS OF OUR WORK **Survivors of domestic violence**

Our grants provide funding of essential household items such as beds, sofas, washing machines, ovens, fridges & freezers and small cooking items to help those restarting their lives and *enabling them to improve their home environment and helping them to cook and eat wholesome food for their families and themselves.*

Case study HS2402

SA and her 4 children fled their home after experiencing many years of domestic abuse. They moved hundreds of miles to escape the father of the children who was the perpetrator of the abuse. Two of the children were in secondary schools and one due to take GCSE's. so the upheaval was immense to all.

SA's health had suffered due to the abuse and she was suffering from rheumatoid arthritis which made life difficult and challenging. Her youngest child who was 6 had witnessed much of the stress and trauma and as a result developed Bell's Palsy.

The family was offered accommodation but had little to no furniture. Lifetimes Chances granted funding to enable the purchase of a sofa so all could sit together and rebuild their lives in their new home.

Case study HS 2493

YG suffered high levels of domestic violence by her partner. This included physical emotional and financial abuse. Her partner took control of her finances and would not let her leave the property; even trying to prostitute her to pay his debts. The high level of physical violence resulted in the police helping her to escape. YG was relocated to a new home and the grant from Lifetimes chances purchased a bed.

Case study HS2421

BA was a 50 year old woman who experienced 4 years of abuse from her partner and his son. She suffered relentless physical abuse, combined with severe psychological control & abuse and also financial exploitation. The fact that there were two perpetrators made this case worse. She also suffered from arthritis.

Having fled her home she was suffering from feelings of total isolation, living constantly in fear of her life and her physical and mental well being was severely undermined.

BA was offered a new home but had no furnishings or equipment.

The grant from Lifetimes-Chances enabled the purchase of a suitable bed for BA whilst awaiting an operation for her arthritis.

“help those restarting their lives”



AREAS OF OUR WORK

Homeless persons

Our grants provide food and services to those in great need of comfort.

Enabling homeless persons to feel they are not completely forgotten.

Funding from Lifetimes Chances has enabled street pastors in West Croydon to deliver sandwiches and hot drinks twice weekly as well as a Christmas lunch and New year packages.

We also work with a charity whose clients are young homeless and we provide funding for essentials to help them gain employment or training to move forward with their lives.



“enabling homeless persons to feel they are not completely forgotten”



AREAS OF OUR WORK

Ex military veterans

Our grants provide items for continuing education and retraining to those who are disadvantaged through physical or mental injuries and have served in the armed forces. **These grants enable people to rebuild their lives and/or gain further education leading to employment and their own improved self-esteem and financial security for themselves and their families.**

Case Study HS3600

TQ retired from the army after 12 years on medical grounds including PTSD, COPD and arthritis of the neck and spine which gave WS mobility issues. Due to these issues TQ was in danger of becoming isolated and wanted to enjoy social settings TQ struggled to access public transport due to increased hypervigilance and anxiety in being confined in a restricted space with members of the public TQ needed repairs to his mobility scooter and the funding from Lifetimes paid for these.

Case study HS 3987

AB served for 4 years and was currently unemployed. AB was looking to setup his own health and well-being fitness business to support veterans, young children who have been dismissed from school, and the disadvantage. He had contacted schools to win business and was looking to start in September when the school term starts. AB had a number of veterans wanting to volunteer for the business.

Case study HS 3520

Mr & Mrs H both served for over 2 decades in the armed forces. Now in their 80's, Mrs H had been taken ill in London whilst at a fun raising event for the services and was in a London hospital having been diagnosed with cancer. Mr H was experiencing difficulty with payment for travel to the hospital from his home 56 miles away. Funding from lifetimes paid for hotel accommodation.

AREAS OF OUR WORK

Disabled children

Our grants provide equipment and services to families with disabled children. *Enabling families to gain access to services which can help their disabilities and equipment to improve their physical and mental health.*

Case study 1465

Child JV has a diagnosis of Spinal muscular atrophy type 1, Hypoxic brain damage, GERS.

His mother requested a slimline dishwasher as they were moving into an adapted property. Child JV needs a special diet which entailed a lot of prepping, par boiling and blending food. Funding from Lifetimes Chances for the dishwasher was beneficial to free up time that could be spent with JV working on his therapies.

Case study 1478

Child BT has cerebral palsy and splints supporting her legs. She receives specialist help at school and Pt for her gait and sitting support. BT enjoys 1:1 support for horse riding which is fully supportive and increases her muscle tone for sitting. Her mother is on very limited income and funding from Lifetimes enabled child BT to have riding lessons for a further 10 weeks.



Case study 1480

Child CH has Down's Syndrome Autism ADHD ARFID. His iPad helps regulate his behaviour at meal times, whilst on public transport and throughout the day/ Funding from Lifetimes chances purchased a refurbished iPad for CH.

Case Study 1450

Child PK has quadriplegic cerebral palsy, chronic lung disease and hearing and visual difficulties. Funding from Lifetimes Chances paid for two lessons of conductive lessons and physiotherapy sessions at the Dame Vera Lynne Children's Charity.



AREAS OF OUR WORK

Hospitals

Our grants provide much needed equipment and services to hospitals as well as refurbishment of hospital rooms; *enabling the hospital to provide better rooms and equipment to improve healthcare for patients year on year and utilise nursing staff time effectively.*



Life-start trolley purchased by Lifetimes Chances for new born babies



Vital signs machines purchased by Lifetimes Chances for Eye clinic

AREAS OF OUR WORK

Community work

Xmas gifts for those in hospital or need

We have provided 233 of Christmas gifts to patients in hospitals at Christmas.



Elderly lunch clubs

Our grants provide gifts and services to people who may feel socially isolated and need a cheer enabling them to remember that they are important and others care for their wellbeing.



Foodbanks and community pantries

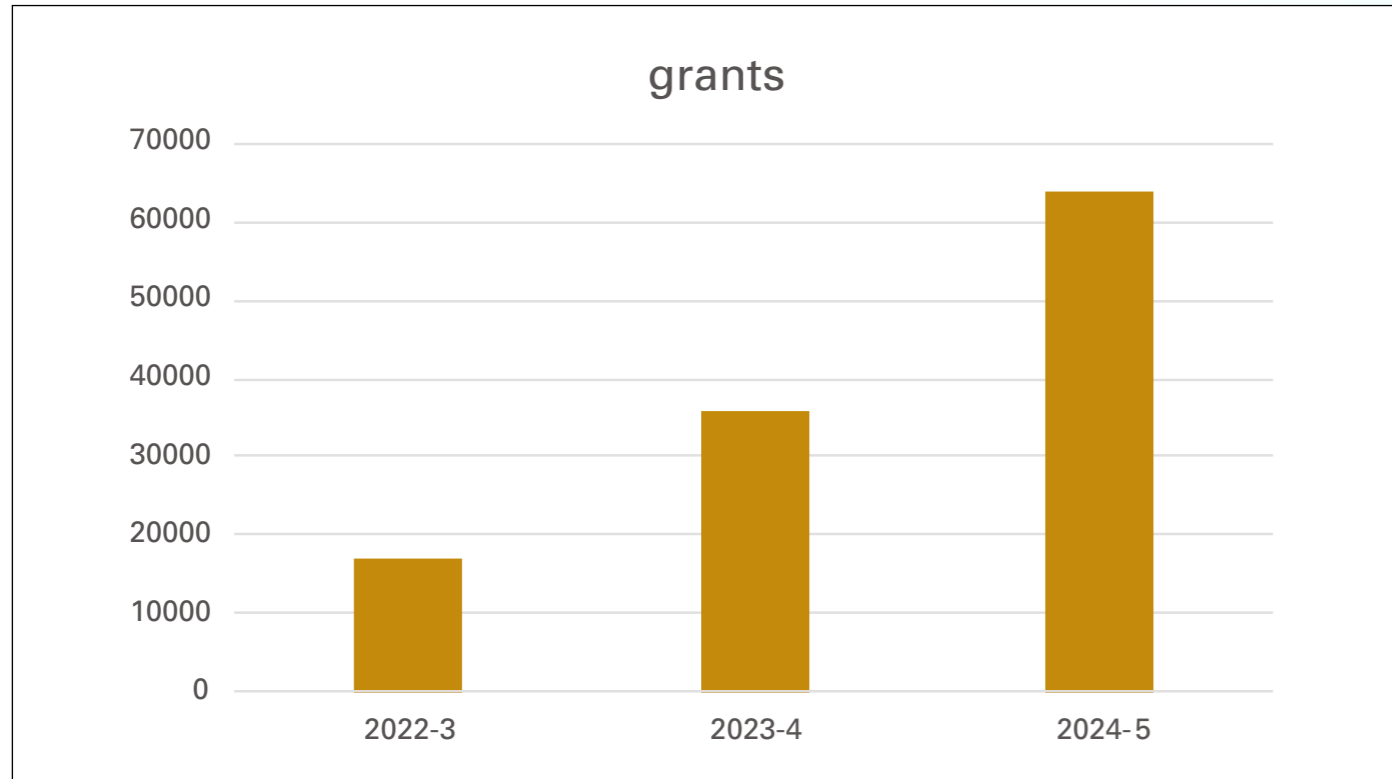
Our grants provide food to those in immediate need and financial distress to enable people to feed themselves and their families.

WE CARE

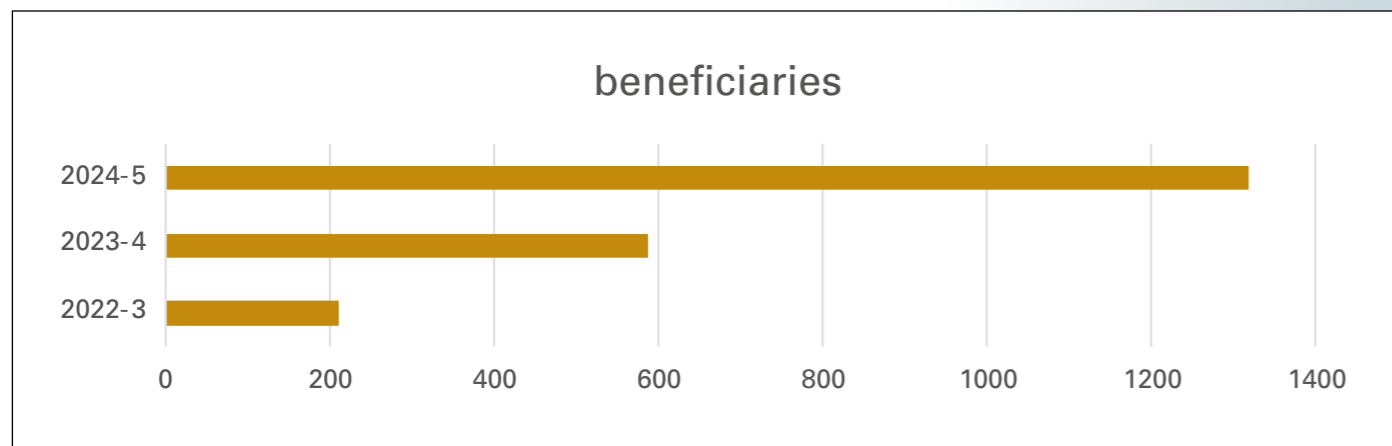


Statistical information

Our areas of work have grown over the last 3 years and the numbers of people helped has increased accordingly. As a small independent charity we are proud of our achievements over the past 3 years.



Since April 2022 our total grant funding has been £116,526.



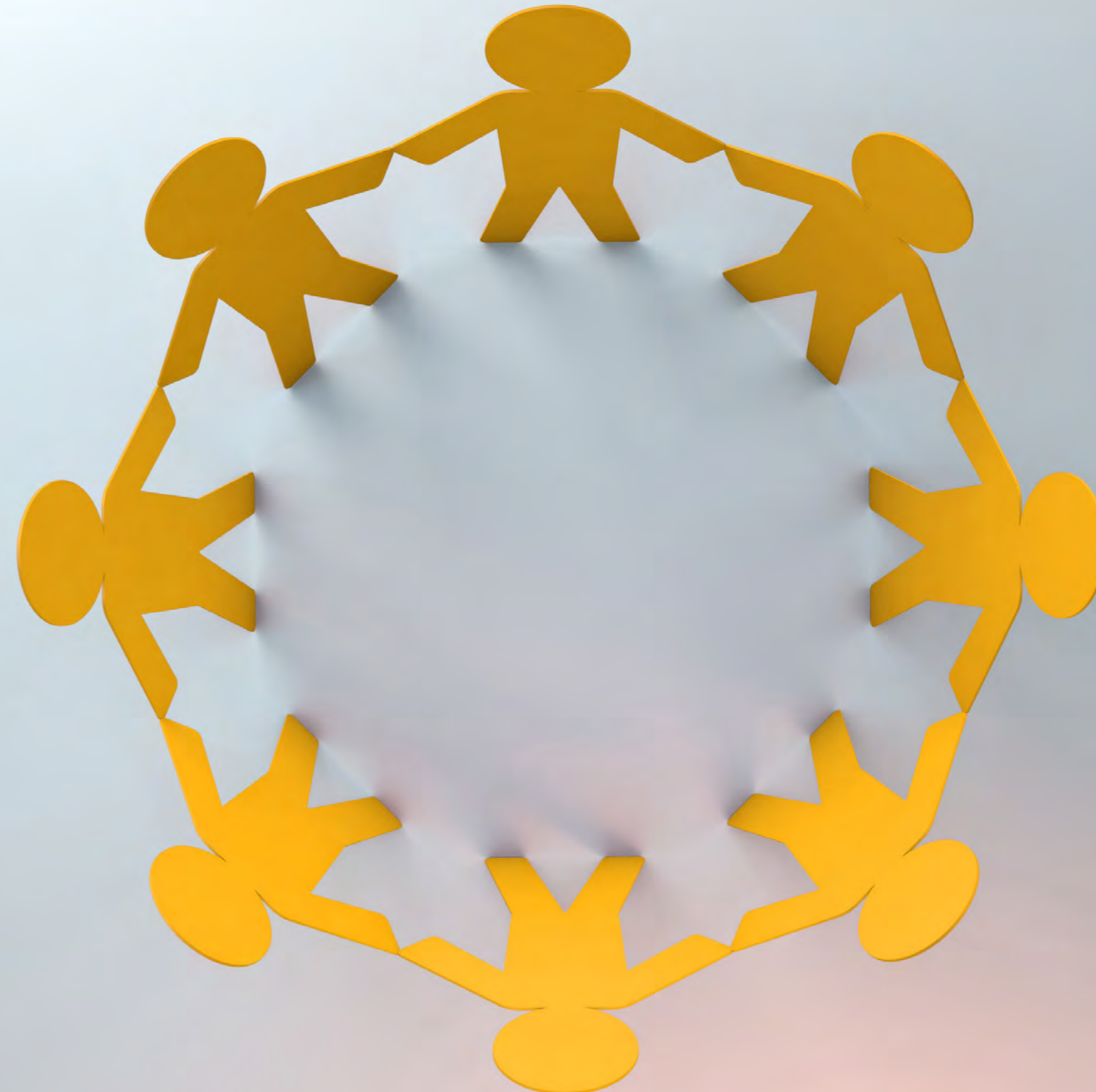
Since April 2022 our grants have benefitted a total of 2116 individuals.

By helping Lifetimes Chances to achieve its objectives and deliver the charity's mission statement of enabling people to achieve, we would like to extend a huge thank you to all of our partner charities.

We will continue to seek new partners to widen our impact in future years

None of this work could be delivered without the unfailing support and work carried out by the Trustees of Lifetimes Charity.

Tina Champion
Chief Executive Officer





lifetimes-chances

enabling people to achieve



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